Morning Prayer Based on Psalm 143

A morning intention based on Psalm 143:8-10

“Let the morning bring me word of your unfailing love, for I have put my trust in you.”
God, we thank you for the morning and the newness of each day. We receive your love and trust in your goodness today.

“Show me the way I should go, for to You I entrust my life.”
We extend our palms in humility and trust. We lay our plans, our work, and our interactions before you. We rely on your Spirit’s guidance.

“Rescue me from my enemies, Lord, for I hide myself in you.”
We bring to you our hopes, our fears, and our shortcomings, and we find refuge in the shadow of your wings. Renew us with courage and compassion.

“Teach me to do your will, for you are my God.”
May your Words - read, spoken, and sung - take root in our hearts and bear fruit in our lives. Speak to us and by your Spirit, allow us to listen and respond.

“May your good Spirit lead me on level ground.”
We trust this day that as you lead us to live by the Spirit, we will walk in step with the Spirit. Dwell within us and equip us this day for our labor and love.

Written for the Worship for Workers Project of Fuller Seminary by Anne Hess from Philadelphia, Pennsylvania