A Prayer for Gathering and Scattering

Father,
we give you thanks that we can come before you in worship, through the blood of Jesus Christ.

As we gather together and lift up our praises and laments,
we set our burdens and our joys on the altar before you
we set down the burdens and the joys of our family, our community, and our coworkers,

As we gather together and raise our voices in prayer
may we trust you, and give you the yoke we carry,
the hurts, the pain, the ashes, and the tears…
the joys, and triumphs, the gifts, and thanksgiving

Help us to leave it all with you
to take up your yoke upon our shoulders, and experience your grace and love.

Fill us with your gentleness and humility that our souls may find their rest.
Lift the weight from our shoulders that we may again be filled with your living water,
energized by your Spirit
sent forth to go out once again into the world to be your light.

All this to your praise, honor, and glory. AMEN.

Written for the Worship for Workers Project of Fuller Seminary by Jason Crossen from Aggasiz, British Columbia